

Kinross Fort Knox Fairbanks Town Race Series #3

Fairbanks Youth Sports Sprint Festival Jim Whisenhant Ski Trails, Birch Hill Rec Area, Fairbanks, AK Saturday, January 21 10 A.M.

1K/1.3K, Classic Sprint technique

https://www.nscfairbanks.org/programs/races/town-series/town-series-3/

Forecast/Conditions: Overnight low zero F, temperature at start approaching 5F. Overcast with a 50 percent chance of light snow the night before and during the event mixed with machine groomed older snow. Snow expected during the race. Light wind so no expected inversion at Birch Hill

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush. Then apply High Performance Blue Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then alternate 2 layers each of Nordic GripWax Blue and GripWax X-Cold, corking between layers to mix.

Structure: A universal cross structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax will best suit these conditions. Created by Ira Edwards here, Toko Tech Team member since 1995. <u>ira@bluedotdist.com</u>

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.